

COVENANT

Meet Regularly + Connect Beyond the Meeting - Weekly or twice a month to dive into life with Jesus together and stay connected outside the scheduled time (txt, call, or do something fun together).

Transparency + Confidentiality - Contribute to a climate of honesty, trust and vulnerability out of grace.

Exploring the Scriptures Personally - Reading and prayerfully exploring the Scriptures daily (reading plans available) along with practicing the spiritual disciplines in our lives as led (fasting, solitude, silence, Sabbath, meditation, prayer, etc).

Helping Others to Follow Jesus - Being open to inviting others to follow Jesus along with our group or by starting or helping to start another group.

EXPLORING THE SCRIPTURES

JAN - wk1-Lk 1-6; wk2-Lk 7-12; wk3-Lk 13-18; wk4-Lk 19-24

FEB - wk1-Acts 1-7; wk2-Acts 8-14; wk3-Acts 15-23; wk4-Acts 24-28

MAR - wk1-Romans; wk2-1 Cor; wk3-2 Cor & Gal; wk4-Eph & Phil

APR - wk1-Col; 1&2 Thes; wk2-1 & 2 Tim; Titus; Philem; wk3-Mark; wk4-1&2 Pet; Jude

MAY -wk1-Matt 1-13; wk2-Matt 14-28; wk3-Heb 1-10; wk4-Heb 11-13; James

JUNE - wk1- John 1-12; wk2- John 13-24; wk3- 1,2 & 3 John; Rev 1-5; wk4- Rev 6-22

JULY - wk1-Lk 1-6; wk2-Lk 7-12; wk3-Lk 13-18; wk4-Lk 19-24

AUG - wk1-Acts 1-7; wk2-Acts 8-14; wk3-Acts 15-23; wk4-Acts 24-28

SEPT - wk1-Romans; wk2-1 Cor; wk3-2 Cor & Gal; wk4-Eph & Phil

OCT - wk1-Col; 1 & 2 Thes; wk2-1&2 Tim; Titus; Philemon; wk3-Mark; wk4-1&2 Pet; Jude

NOV -wk1-Matt 1-13; wk2-Matt 14-28; wk3-Heb 1-10; wk4-Heb 11-13; James

DEC - wk1 John 1-12; wk2 John 13-24; wk3 1, 2 & 3 John; Rev 1-5; wk4 Rev 6-22

Old Testament: Add just one OT chapter or page daily to your NT Scripture reading (when you feel ready) to complete the OT in about two years. Start in Genesis anytime and just keep going.



JESUS was intentional about helping a few close friends to follow him through the course of life. Today he continues to shape us into his likeness and empower us by his Spirit and grace through the gospel and scriptures. This booklet is an adaptable pathway intended to resource people to sacrificially follow Jesus through life with a few friends. It is not a quick fix program or a way to manage sin but rather a tool to help build life long rhythms and practices in order to thrive in the good, true and beautiful news Jesus announced to our world.

AS YOU FOLLOW TOGETHER

1. Through the week personally explore the agreed upon Scriptures, pray and practice the spiritual disciplines out of grace not legalism - receive.
2. When you come together have one person in the group facilitate the time.
3. Ask one or more of the below questions in light of the Scriptures.
4. Close your time in prayer for one another and for others you believe God's Spirit is inviting you to help follow Jesus.
5. Go over the reading for next week and how Jesus is inviting each individual to act in obedience to him. Finally, stay connected through the week.

QUESTIONS TO CONSIDER

The following questions are to help us follow Jesus out of the grace of his gospel and are rooted in his central teachings. Feel free to create new questions, or adapt and use the following questions:

Turning from Sin + Receiving Grace through the Gospel

(Mark 1:14-15; Romans 5:1-5)

- *How are you receiving grace from the Spirit and good news in Jesus?*
- *How is Jesus speaking to you through your regular Scripture reading?*
- *How is your heart connection with Jesus and prayer life?*

- *Are there things you are finding identity + worth in, other than Jesus? (i.e., work, children, hobby, relationship)*
- *Are you self-medicating, acting out or trying to fill an emptiness/anxiety with anything or anyone other than Jesus?*
- *What is God's Spirit leading you to "put off" or "put on" to be more like Jesus? (e.g. any attitude, choice, action, habit, etc.)*
- *Where is Jesus inviting you to be joyfully and faithfully obedient?*

Loving God (Matthew 22:37-40)

- *How has God's greatness or character filled your heart with joy, praise, or gratitude?*
- *How is God inviting you to love him back by generously and faithfully stewarding all he has entrusted to you generously and faithfully? (e.g. gifts, abilities, money, body, thought life, relationships, family life, the environment, etc)*
- *How is God inviting you love him more fully this week?*

Loving People (Matthew 28:18-20)

- *How have you demonstrated Christ-like love lately to your most significant relationships such as family, friends, fellow workers, your boss, church community, or neighbors?*
- *How are you doing at using your gifts in humble teamwork to help people thrive in the church, culture, and world?*
- *How have you demonstrated Christ-like love lately to people who may be more marginalized, have less status, or those who are under-resourced?*

Helping Others to Follow Jesus (Matthew 28:18-20)

- *Where have you been able to show or tell the good news of Jesus this week?*
- *Who is Jesus inviting you to help follow him? Who is Jesus inviting them to help follow him?*
- *How is the person(s) you are helping to foster gifts in fostering gifts in others?*