

# PICK YOUR POKE

CIRCLE ME

Pick Your **SIZE:** LIL POKE or BIG POKE

**With/Without Rice:** Hawaiian Style (no rice)

Carbs Please: WHITE BROWN

**Pick Your Flavor:** ORIGINAL - Shoyu, Sesame Oil, Aloha  
SPICY TUNA - Like the spicy tuna we all love  
WASABI - It's a touch of wasabi  
Aloha Shoyu - just like Shoyu Poke in Hawaii

All Ahi Poke is made with onion, green onions and toasted sesame seeds if you would like to add some extra goodness please circle your add-ins below:

KALE                    MACADAMIA NUTS                    CHOPPED JALAPENOS  
SRIRACHA            CRUSHED RED PEPPER            CHILI OIL  
CARROTS (some people like it)    Masago                    PICKLED GINGER  
AVOCADO (\$1.00 extra but delicious)    Fresh Seaweed (when available)

**VEGGIE POKE PLEASE** - Veggie poke is a large fresh kale salad made with onions, avocado, carrots, macadamia nuts, sesame seeds, brown rice and lots of aloha. Add your favorite Ahi Poke on top for an extra \$4.00.

**ACAI FOR ME** - Acai topped with organic granola, coconut honey and bananas. Gives you super powers.

YOUR NAME HERE \_\_\_\_\_

**Warning:** All items on this menu are addictive.  
Surgeon General Says "Consuming raw or undercooked meat, seafood or egg products can increase your risk of food borne illness"

To eat your Poke Bowl: FORKS, STICKS or CHIPS (\$2.00) are available.

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